

GP1600 boxing Trainer

ID 26717, EAN 8591792267174

Package contents:

- 1 Base
- 2 Extension
- 3 Insertion part
- 4 Body of boxing trainer
- 5 Mounting wrench
- 6 Screws - 12 pieces



Installation instructions:

1. Remove the plastic plug and fill the base 1 with sand or water, insert the plug in.
2. Attach the extension 2 to the base and screw it on using the mounting wrench and screws.
3. Insert the insertion part 3 into the extension.
4. Insert the metal end of the boxing trainer body firmly into the extension.